## **Self-Advocate Transition** Tips for Parents



- Make sure we're always included. Nothing about without us!
- Don't discourage our dreams. There may be ways to make them realities
- Listen to what we have to say!
- Plan, prepare, and review with us to help us be ready
- Don't rush the process. Sometimes we need a little more time to think or discuss things
- Mutual trust and respect is key. Let's work as a team
- We have the right to disagree, to have our own opinions, and to reject IEPs we don't like
- Focus on our strengths not our weaknesses. We are good at a lot of things
- One size does not fit all, sometimes you need to think outside the box
- We need to explore and try out different options before deciding on a postgraduation path
- Please help when we ask for it, don't assume we need it
- It's important to let us try! Things don't always work out, but we'll be OK, and learn from it
- Celebrate accomplishments! We all work really hard

Thank you for your support!