

# Roche Adaptive Skating Program-R.A.S.P.

Dear Parents and Skaters;

Welcome to the Roche Adaptive Skating Program (R.A.S.P.) The goal of this program is to introduce children with adaptive disabilities to the wonderful world of ice skating and/or beginner hockey fundamentals. The weekly skating session provides a structured (and sometimes unstructured) environment where children can participate in on-ice activities designed to promote skating, friendship and fun while learning the fundamentals of skating/hockey. Each participant will be engaged in activities that will enhance their skating experience while promoting the values of team work and promoting individual growth.

**Wednesdays; 4pm-5pm Jim Roche Ice Arena**  
**1275 VFW Parkway West Roxbury, MA 02132**  
**Program Dates: - 09/23/2015 to 11/18/2015**



## Requirements:

- The Roche Adaptive Skating Program is for Boston residents (proof of residency required) ages 4 and up with disabilities.
- All skaters must register at the BCYF Roche Community Center. Parents will need to complete all required forms prior to their children getting on the ice.
- All skaters will need to provide their own transportation to and from the rink.
- All children and their siblings must wear a helmet, gloves, ice skates or trax (non-skid footwear). No one will be allowed on the ice with sneakers, shoes or boots. NO EXCEPTIONS!!

Roche Family Community Center  
(617) 635-5066

**Coordinator: Lauren Hurley**  
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## On Ice Coordinators:

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