



The Autism Program

AT BOSTON MEDICAL CENTER

Striving to help and strengthen every family in need

The BMC Autism Program assists and empowers individuals and families affected by Autism Spectrum Disorder (ASD) and related disabilities through direct patient support, provider education, and community-based outreach.

Direct Patient Care

The Autism Program is an extension of care for patients and families seen in Developmental and Behavioral Pediatrics at Boston Medical Center. Our team is committed to assisting and empowering patient and their families to meet their goals through:

- Autism Resource Support
- Family Navigation
- Transition-to-Adulthood Planning Support

Trainings & Workshops

We offer tailored trainings and workshops to meet the needs of various groups, including parents, educators, medical professionals, community agencies and more!

Topics may include:

Autism 101 • Transition to Adulthood
"How To's": Insurance, Government Benefits, etc.

We also attend resource fairs, group meetings, and other community events to share resources and information.

Programs & Initiatives



- A diverse and multilingual group of trained parent leaders who offer peer support to caregivers who have children or adolescents of any age with an autism diagnosis.
- Free open to anyone in the community.
- Run in partnership with TILL Autism Support Center.



- A unique mentoring model that pairs teens with and without autism to co-mentor a younger child on the autism spectrum.
- A school year program of supervised monthly hangouts.
- Free and open to anyone in the community.
- Monthly events include a mix of social-recreational and community service activities, with 2 yearly trainings for mentors.



The Autism Friendly Initiative aims address the unique sensory and communication needs of our patients and make the hospital environment more autism-friendly through enhanced provider training, resources for patients and families, and attention to the physical environment. This work is done in partnership with a hospital-wide Steering Committee, Quality Improvement Board, and our patients and families.



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